



॥ विद्या विनयेन शोभते ॥

Janardan Bhagat Shikshan Prasarak Sanstha's

CHANGU KANA THAKUR

**ARTS, COMMERCE AND SCIENCE COLLEGE, NEW PANVEL
(AUTONOMOUS)**

Re-accredited 'A+' Grade by NAAC (3rd Cycle - CGPA 3.61)

'College with Potential for Excellence' Status Awarded by UGC

'Best College Award' by University of Mumbai

**Gymkhana Association
Department of Physical Education
Activities 2021-2022**

Sr. no.	Activity	Date	Participants
1	To Learn basic judo information about all aspect of judo	28/08/2021	250
2	To know about physical fitness and warmup and cool down	17/11/2021	150
3	Khelo India All India Games Seminar Under University Of Mumbai	25/11/2021	80
4	Khelo India Wrestling Selection Tournament (Men)	14/12/2021	65
5	Kho-Kho Skills And Techniques	24/12/2021	220
6	Yoga as Measures of Diseases Prevention	09/02/2022	65
7	A Tribute on 75 th Anniversary of Independence 75 Crore Surya Namaskar	01/02/2022 To 18/02/2022	119
8	Khelo India Baseball Selection Trials	17/02/2022	39
9	How to prevent diseases through Non-Yogic exercise	09/02/2022	51
10	Differences Between Yogic And Non-Yogic Exercise	11/02/2022	76
11	Stress And Health	14/02/2022	67
12	Khelo India Best Physiques Selection Tournament	23/02/2022	18
13	Annual sports Meet	23/02/2022 To 26/02/2022	2596

14	Abhinav Bharat Pradakshina	22/05/2022	19
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Activities 2022-2023

Sr. no.	Activity	Date	Participants
1	HarGharTiranga Mission (SamuhRashtrageetGayan)	10/08/2022 to 13/08/2022	385
2	Football Silver Jubilee (M/W)	25/08/2022	67
3	Squash (M/W)	13/09/2022	23
4	Judo (M/W)	29/09/2022	40
5	Boxing (M/W)	11/11/2022 to 13/11/2022	42
6	Hockey (M/W)	25/11/2022 to 26/11/2022	95
7	Fencing (M/W)	27/11/2022 to 28/11/2022	15
8	Handball (M/W)	28/11/2022 to 29/11/2022	102
9	Archery	29/11/2022 to 30/11/2022	12
10	Ball Badminton (M/W)	30/11/2022 to 01/12/2022	46
11	Handball Inter Zone (W)	09/12/2022	64

12	Rugby (M/W)	11/12/2022 to 12/12/2022	71
13	Handball Inter Zone (M)	19/12/2022	64
14	Baseball (M/W)	10/01/2023 to 11/01/2023	55
15	Softball (M/W)	11/01/2022 to 12/01/2022	55
16	Best Physique (M/W)	11/01/2022 to 12/01/2022	19
17	Annual Sports (M/W)	21/02/2022 to 25/02/2022	3142